



CITY OF LARAMIE  
PARKS & RECREATION DEPARTMENT  
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## Sand Volleyball Rules

1. The U.S. Outdoor Volleyball Rulebook for Volleyball governs all play, with the exceptions of what is stated in this handout.
2. All games are played at Undine Park, 5<sup>th</sup> and Ord or Washington Park, 18<sup>th</sup> and Rainbow, Sand Courts.
3. This is a 4-person coed league. Games will be scheduled Mondays thru Thursdays throughout the season.
4. It is the captain's responsibility to ensure that all individual players sign the Roster and Liability Waiver prior to playing. Players must be at least 16 years old by the day of the first games to play. Any individual under 18 must have a parent sign the waiver. On the court teams will consist of two (2) females and two (2) male players. Teams will be allowed to have up to eight (8) people on the roster.
5. Teams may play with more females on the court than males; and as few as two players (one female/one male).
6. If a team has extra players, they must adhere to a substitution rotation at the same place so long as there are always the same number or more females on the court.
7. Teams will call their own games, and a court supervisor will keep the score.
8. At any time, teams may request a rule clarification from the Volleyball Supervisor to settle any disputed calls. (Rule book in tub)
9. Teams will volley for first serve. The opposite team will serve first during the 2<sup>nd</sup> game. The team who serves first in the first game will serve first in the third.
10. Rally scoring will be used with all matches consisting of the best two out of three games. **All three games will be played to 21.**

### Contact

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