

**R010 ADULT UNIVERSAL RESPIRATORY DISTRESS**

EMT	AEMT
EMT-I	EMT-P

- Consider pulmonary and non-pulmonary causes of respiratory distress:**
- Pulmonary embolism
  - Pneumonia
  - Pneumothorax
  - Sepsis
  - Metabolic acidosis (e.g. DKA)
  - Anxiety
  - Cardiac Tamponade
  - Cardiac dysrhythmia
  - Heart Attack

- Mixed Picture may exist**
- Goal is maximization of oxygenation and ventilation in all cases
  - CPAP may be particularly useful in mixed picture with hypoxia and/or hypoventilation
  - **Avoid albuterol in suspected pulmonary edema**

