

**PHENYLEPHRINE (INTRANASAL)**

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**Description**

Phenylephrine is an alpha-adrenergic agonist. When administered intranasally, it causes vasoconstriction in the nasal mucosa and subsequently decreased bleeding and nasal decongestion.

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**Indications**

- Prior to nasotracheal intubation to induce vasoconstriction of the nasal mucosa.
  - Nosebleed (epistaxis)
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**Dosage and Administration**

- Instill two drops of 1% solution, or 2 sprays, in the nostril prior to attempting nasotracheal intubation
  - For patients with active nosebleed, first have patient blow nose to expel clots. Then, administer 2 sprays into affected nostril.
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**Precautions**

- Avoid administration into the eyes, which will dilate pupils.
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**Protocol**

- Nasotracheal intubation
- Epistaxis