



**CITY OF LARAMIE**  
**PARKS & RECREATION DEPARTMENT**  
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## Soccer Rules 2021

### ***Function of the Parks & Recreation Department***

The Laramie Parks and Recreation Department in conjunction with Laramie Soccer Club shall be responsible for securing a center referee, field supervisor, balls, and playing facility; general organization of the league, registrations, scheduling, make up games, etc. Each team will receive a Season Schedule, League Rules, and Announcements.

### ***Registration Information***

All league players must sign a City of Laramie League Roster and Liability Waiver prior to playing in any game.

- Players must be 16 years of age by the first game to play in City League. Any participant under 18 years of age must have a legal guardian sign the Liability Waiver.

### ***Uniforms***

- All players of the same team will have matching, or close to matching colors of shirts.
- All teams must bring both a colored and a white shirt to each scheduled game. Referees may ask players to change shirts if they feel shirts are too similar.
- When opposing teams are wearing the same color shirts the team listed first in the schedule will be designated the "Home team" and will be required to wear white.
- No hats with hard bills
- Shin guards with sock coverings must be worn.

### ***Rules***

Players and team captains will not dissent from the decision of the referee.

Referees can expel any person, including those on the sidelines, from the game for inappropriate conduct.

Any player lying on the field shall be presumed injured, and game play must stop immediately.

Time of play is continuous and cannot be stopped by a player or a play. No overtime is played; tied games remain a tie.

In recreational leagues, understand your competition and play to their level. The experience should be enjoyable for everyone and playing at a level far beyond and above what your competition is able to play demonstrates poor sportsmanship. This does not mean you cannot play hard or try to win, but it is important to act accordingly if there is a vast difference in ability level.

Do not play overly aggressive. Slide tackles are not permitted apart from the goalkeeper when he is in the box. Do not run people over, especially if there is a large size difference or skill difference. While injuries may occur, we all should take every effort to prevent them.

## **LEAGUE FORMAT**

### ***Field size:***

The field will be approximately 70 x 50 yards with all appropriate field markings and equipment adjusted accordingly with the exception of the penalty mark. The penalty mark will remain at 12 yards from the goal line.

### ***Time of play:***

Two 30 minutes halves will be played with a five-minute half-time period.

There shall be no stoppages of play, including for injuries.

Game time starts when scheduled (5:45 PM/7:00 PM) and shall not extend beyond sixty-five minutes from the scheduled start time (6:50 PM/8:05 PM).

### ***Substitutions:***

Free substitutions will be allowed (the ball need not be dead). The player leaving the field of play must be OFF the field before the replacement is allowed to enter the game. The exchange is made at the side of the team's touchline area. If an advantage is gained by a team through an illegal substitution, at the discretion of the referee, player may be shown a caution and play restarted according to FIFA rules. Both teams must substitute from the same touchline and at the half-line.

### ***Number of players:***

There will be a maximum of seven players on the field from each team.

### ***Minimum players:***

A minimum of two field players must be female. If two females are not available for play, then teams must play short player(s). In the event any team is unable to field at least one player of the opposite gender, that team forfeits the game. No more than 5 males may be on the field at one time.

### ***Identification:***

All players must be able to provide photo identification when requested by the referee or will not be allowed to play.

### ***Forfeit(s):***

Any team not ready to play within ten minutes after the scheduled game time shall forfeit the game.

Any team fielding a player who is not on their official team roster shall forfeit the game.

In the case of a forfeit, the winning team, or non-forfeiting team, will be awarded a 1-0 win.

### ***Goal Kicks:***

All goal kicks, taken by any player, must touch a second player or the ground before crossing the half-way line. Goal kicks not properly put into play shall be retaken.

The ball is in play once the kick is taken; it can be played before leaving the penalty area. Opponents must remain outside the penalty area until the ball is in play.

**Goalkeepers:**

When the ball is punted or thrown by the goalkeeper, the ball must not cross the half-way line without first touching the ground or any player. Infraction of this rule will result in an indirect free kick from the point where the ball crossed the half-way line to the opposing team.

**System to Determine Standings:**

A three point system will be used to track a team's wins/losses/ties.

- 3 points for a win;
- 0 point for a loss;
- 1 points for a tie.

**Tournament:**

After the last week of scheduled games, there will be a tournament. Schedules for that will come out after the last scheduled games.

Any tournament players must play at least 3 regular session games before playing in the tournament.

**Discipline:**

Cards can be issued. Yellow cards represent a warning – if a player receives a second yellow card during the same game it is equivalent to a red card.

Players receiving a red card will be fined \$50.00 and serve a two (2) game suspension. Subsequent red cards will result in a fine of \$75.00. While all red cards will be reviewed by the Recreation Coordinator, respect the game and your opponent's such that they will be unnecessary. All decisions by the Recreation Coordinator concerning red cards will be final.

Red card means ejection from the remainder of the game, and area if necessary. Players receiving a red card will be fined \$50.00 and serve a two (2) game suspension. Subsequent red cards will result in a fine of \$75.00. While all red cards will be reviewed by the Recreation Coordinator, respect the game and your opponents such that they will be unnecessary. All decisions by the Recreation Coordinator concerning red cards will be final.

If a player receives a red card for fighting, they will be suspended from the league indefinitely. No replacement will be allowed to the team's roster for any player that is suspended indefinitely. The referee's decision regarding red cards is final.

**Remaining Rules:**

With the exception of those rule changes noted herein, all league games will be conducted under the current FIFA Laws of the Game (equipment, rules, etc.).

**Special Notes**

Remember, this adult league is primarily a recreational league. That is to say that competition is desirable, but so is good sportsmanship, meeting new people, and enjoying the game of soccer. Please keep foul language off the fields and don't get into arguments with the opposite team. Remember this is about having FUN!

**Zero Tolerance Policy**

The purpose of this policy is to help coaches, managers, and players make appropriate choices without punitive actions. The zero-tolerance policy affords all participants direction in developing self-discipline, leadership, integrity, character, commitment, teamwork, a healthy attitude, and respect for rules and regulations. The City of Laramie supports the zero tolerance rules. The position of the Laramie Parks & Recreation Department is that abusive or excessive behavior by any coach, manager, or player will not be tolerated. All persons associated with any City of Laramie recreational activity must understand that situations will arise during the course of the season, which may upset them. However, we must work through these occasions to set an example for the entire organization and the community through appropriate conduct. Any violation of this policy constitutes conduct detrimental to the spirit of sportsmanship and makes the player, coach, manager, team or official subject to disciplinary action, with possible suspension from recreational activities. A minimum suspension of one (1) game will be imposed if a violation is found to be justified. A second finding of a violation constitutes a minimum of a two (2) game suspension. A third violation will receive a minimum four (4) game suspension from all associated City of Laramie activities. All violations are subject to probation. Any person charged with a zero-tolerance violation has the option of accepting the punishment; or has five (5) days in which to notify the Recreation Program Coordinator to request a hearing. The Coordinator will make their best effort to conduct a hearing within ten (10) days. Upon receiving the results of the hearing, you have the further right to appeal to the City of Laramie Recreation Manager. Players, coaches, and officials need rules and regulations by which their actions are guided. When they violate these rules, there must be consequences.

#### **Types of Abuse:**

1. Verbal Abuse (serious, repetitious dissent to provoke an argument, criticism or demeaning language but which does not include offensive, insulting, or foul language) – first offense one (1) game suspension.
2. Serious Verbal Abuse (e.g. using offensive, insulting, or foul language or repeated incident of less serious abuse) – two (2) game suspension – Disciplinary Committee hearing to consider additional sanctions and/or remedial actions.
3. Stepping onto the Field or Other Threat (by word or action) – four (4) game suspension – Disciplinary Committee hearing to consider additional sanctions and/or remedial actions and, if required, by a letter of apology to the players, employees, managers, and/or coaches of the teams affected by the conduct.

#### **Alcohol Policy**

According to City Ordinance 5.08.210 Open Containers, no person shall consume or carry in open containers alcoholic liquor or malt beverage on any street or highway, in any vehicle, in any restaurant, hotel dining room or any other public place or public area whatsoever within the city, except places where the sale or service of alcoholic liquor or malt beverages is authorized by Wyoming State Law or city ordinance.

#### **Smoking Policy**

According to City Ordinance 8.56.030, smoking shall be prohibited in all enclosed areas of public places with the City including sports arenas. A sports arena is defined as stadiums, swimming pools, roller and ice rinks, and other similar places where members of the general public assemble to engage in physical exercise, participate in athletic competition or witness sports or other events. Further, all enclosed areas, including buildings and vehicles leased or operated by the City are subject to the smoking ordinance. Therefore, it is illegal for individuals to smoke within the Aragon Softball Complex. The parking lot is not applicable to this ordinance.

#### **Weather Policy**

The Parks and Recreation Field Supervisor will alert all field users when the fields need to be cleared for lightning. If after 30 minutes the lightning has not moved to a safe distance, all games will be cancelled / postponed for the remainder of the evening. If the lightning has moved to a safe distance, the field scorekeeper will notify users that games may resume. If fields are wet from the storm, games may be called for unsafe conditions or to save the condition of the fields. Referees will make the call on field conditions.

The City of Laramie web site offers a text/email service called Notify Me. Make sure to sign up for the "Parks & Rec" list. This allows you to receive a text message or email from Laramie Recreation about timely, important information. We will be using this service to notify of field closures, game delays, or cancelations. If you would like to subscribe to this service, go to: <http://www.cityoflaramie.org/list.aspx> and follow the instructions to sign up for Notify Me, Parks & Rec, to receive soccer notifications.