



PARKS, TREE & RECREATION ADVISORY BOARD

AGENDA COVER SHEET

Meeting Date:	October 11, 2023	Division:	Recreation Division	Item:	Presentation
Title:	Presentation of Recreation Division Updates on schedules, programs, etc.				

Recommended Board Motion:

No motion – Presentation Only.

Administrative or Policy Goal:

To keep the Parks, Tree and Recreation Advisory Board informed of the activities, schedules and programs conducted by the City of Laramie, Recreation Division.

Background Information:

N/A

Legal/Code/Statutory Authority:

N/A

Fiscal Information:

N/A

Staff Contact:

Jodi Guerin, Recreation Manager, 721-5259, jguerin@cityoflaramie.org
Wendy Clubb, Aquatics Supervisor, 721-5263, wclubb@cityoflaramie.org
Cyndi Dywan, Adult Recreation Program Supervisor, 721-5261, cdywan@cityoflaramie.org

Attachments:

Recreation Updates Oct 2023

Recreation Updates for October 2023





Pumpkin Dunkin' and Fall Festival

Friday, October 20th • 5:30-7:30pm

Laramie Recreation Center, 920 Boulder Dr.

Free with your membership or purchase of a day pass!

For more information visit us at www.cityoflaramie.org/pumpkin

Join us for a family fun
pumpkin patch in the
pool! We'll have arts &
crafts, games and
goodies galore!

Possible by generous partnership with:



Presented by:



*one pumpkin per family; All Pool Rules Apply including capacity limits

Time of Day	Monday			Tuesday			Wednesday			Thursday			Friday			Saturday			Sunday		
	SP	IDL	8LN	SP	IDL	8LN	SP	IDL	8LN	SP	IDL	8LN	SP	IDL	8LN	SP	IDL	8LN	SP	IDL	8LN
5am																					
5:30am	DI		LAP	DI		LAP	DI		LAP	DI		LAP	DI		LAP						
6am	DI	A/T	LAP	DI	A/T	LAP	DI	A/T	LAP	DI	A/T	LAP	DI	A/T	LAP						
6:30am	DI	A/T	LAP	DI	A/T	LAP	DI	A/T	LAP	DI	A/T	LAP	DI	A/T	LAP						
7am	DI	A/T	LAP	DI	A/T	LAP	DI	A/T	LAP	DI	A/T	LAP	DI	A/T	LAP						
7:30am	DI	T	LAP	DI	T	LAP	DI	T	LAP	DI	T	LAP	DI	T	LAP	DI	T	LAP/REC			
8am	DI	T	LAP	DI	T	LAP	DI	T	LAP	DI	T	LAP	DI	T	LAP	DI	T	LAP/REC			LG
8:30am	DI	T	LAP	DI	T	LAP	DI	T	LAP	DI	T	LAP	DI	T	LAP	DI	T	LAP/REC			LG
9am	DI	A/T	LAP	DI	TOT	LAP	DI	A/T	LAP	DI	TOT	LAP	DI	A/T	LAP	DI	TOT	LAP/REC		LG	LG
9:30am	DI	A/T	LAP	DI	TOT	LAP	DI	A/T	LAP	DI	TOT	LAP	DI	A/T	LAP	DI	TOT	LAP/REC		LG	LG
10am	DI	TOT	LAP	DI		LAP	DI	TOT	LAP	DI		LAP	DI	TOT	LAP	DI	TOT	LAP/REC		LG	LG
10:30am	DI	TOT	LAP	DI		LAP	DI	TOT	LAP	DI		LAP	DI	TOT	LAP	DI	TOT	LAP/REC		LG	LG
11am	DI		LAP				DI		LAP				DI		LAP	DI	TOT	LAP/REC		LG	LG
11:30am	DI		LAP				DI		LAP				DI		LAP	DI	REC	LAP/REC		LG	LG
Noon	DI		LAP				DI		LAP				DI		LAP	DI	SU/REC	LAP/REC		LG	LG
12:30pm	DI		LAP				DI		LAP				DI		LAP	DI	SU/REC	LAP/REC		LG	LG
1pm	DI						DI	SU					DI	SU		DI	SU/REC	LAP/REC			LG
1:30pm	DI						DI	SU					DI	SU		DI	SU/REC	LAP/REC			LG
2pm	DI						DI	SU					DI	SU		DI	SU/REC	TEEN	DI	REC	LG
2:30pm	DI						DI	SU					DI	SU		DI	SU/REC	TEEN	DI	REC	LG
3pm	DI						DI						DI			DI	REC	TEEN	DI	REC	LG
3:30pm	DI	FAMILY	LAP	DI	SU/REC	LAP	DI	FAMILY	LAP	DI	FAMILY	LAP	DI	FAMILY	LAP	DI	REC	TEEN	DI	REC	LG
4pm	DI	FAMILY	LAP	DI	SU/REC	LAP	DI	FAMILY	LAP	DI	FAMILY	LAP	DI	FAMILY	LAP	DI	SU/REC	TEEN	DI	REC	LG
4:30pm	DI	FAMILY	SU/LAP	DI	SU/REC	SU/LAP	DI	FAMILY	SU/LAP	DI	FAMILY	SU/LAP	DI	FAMILY	LAP	DI	SU/REC	TEEN	DI	REC	LG
5pm	DI	SU	SU/LAP	DI	REC	SU/LAP	DI	SU	SU/LAP	DI	FAMILY	SU/LAP	DI	FAMILY	LAP	DI	SU/REC	TEEN	DI	REC	LG
5:30pm	DI	SU	SU/LAP	DI	TEEN	SU/LAP	DI	SU	SU/LAP	DI	TEEN	SU/LAP	DI	FAMILY	LAP	DI	SU/REC	TEEN	DI	REC	LG
6pm	DI	SU	SU/LAP	DI	TEEN	SU/LAP	DI	SU	SU/LAP	DI	TEEN	SU/LAP	DI	FAMILY	LAP	DI	SU/REC	TEEN			LG
6:30pm	DI	FAMILY	LAP	DI	TEEN	LAP	DI	FAMILY	LAP	DI	TEEN	LAP	DI	FAMILY	LAP						LG
7pm	DI	FAMILY	SU/LAP	DI	TEEN	LAP	DI	FAMILY	LAP	DI	TEEN	LAP	DI	FAMILY	LAP						
7:30pm																					

****Weekday Special Use includes Swim America, Swim Lessons, Open School Swim Lessons and Private Lessons**

****Saturday Special Use is for birthday parties as reserved**

****Sunday Trainings and Lifeguard classes are sometimes held on the same weekend, depending on staff availability**

Fall 2023 Schedule after remodel

	Color denotes specific use--not open for general drop-in swim
SP	SPA/Steam/Sauna
IDL	Leisure Pool
8LN	Lap Pool
TEEN	Ages 12-16 can be in pool independently
FAMILY	Ages 12-16 in pool as part of family group
A/T	Water Aerobics Class/Therapy Swim**Not open for other uses
T/tot	Therapy Swim/tot swim
SU	School Groups/parties/Group lessons/private lessons/Adv Kids**Pre-arranged
LG	Lifeguard Class and In-service trainings**Facility Closed not open for other uses
DI	Drop in use for patrons

Base Schedule not including lessons/special events/training

Total Open Hours = 76

Guard Hours = 342

Deck Manager Hours =76

Total = 418

Staffing Availability—Weekends by sign up

	Time	5:00	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00
Monday	Time	5:00	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00
	Staff need	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
	Proposed	4	4	4	4	4	4	4	2	2	0	4	5	14	16	5
	Staff Avail	5	5	5	5	6	6	6	6	7	6	8	9	10	9	9
	Staff over	-2	-2	-2	-2	-3	-3	-3	-3	-4	-3	-5	-6	-7	-6	-6
	additional	-1	-1	-1	-1	-2	-2	-2	-2	-4	-5	-6	-4	-4	4	7
Tuesday	Time	5:00	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00
	Staff need	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
	Proposed	4	4	4	4	4	4	0	0	0	0	4	5	5	5	5
	Staff Avail	5	5	5	5	5	5	2	2	1	2	4	7	9	10	10
	Staff over	-2	-2	-2	-2	-2	-2	1	1	2	1	-1	-4	-6	-7	-7
	additional	-1	-1	-1	-1	-1	-1	-2	-2	-1	-2	0	-2	-4	-5	-5
Wednesday	Time	5:00	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00
	Staff need	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
	Proposed	4	4	4	4	4	4	4	2	5	5	4	5	14	16	5
	Staff Avail	9	9	9	9	9	9	7	6	6	6	6	8	8	10	10
	Staff over	-6	-6	-6	-6	-6	-6	-4	-3	-3	-3	-3	-5	-5	-7	-7
	additional	-5	-5	-5	-5	-5	-5	-3	-4	-1	-1	-2	-3	6	6	-5
Thursday	Time	5:00	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00
	Staff need	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
	Proposed	4	4	4	4	4	4	0	0	0	0	4	5	5	5	5
	Staff Avail	5	5	5	5	5	5	3	2	3	3	2	7	7	8	8
	additional	-2	-2	-2	-2	-2	-2	0	1	0	0	1	-4	-4	-5	-5
	additional	-1	-1	-1	-1	-1	-1	-3	-2	-3	-3	2	-2	-2	-3	-3
Friday	Time	5:00	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00
	Staff need	3	3	3	3	3	3	3	3	3	3	3	3	3	3	3
	Proposed	4	4	4	4	4	4	4	2	3	3	4	5	5	5	5
	Staff Avail	5	5	5	4	5	4	5	5	6	5	5	6	7	6	6
	additional	-5	-5	-5	-4	-5	-4	-5	-5	-6	-5	-5	-6	-7	-6	-6
	additional	-1	-1	-1	0	-1	0	-1	-3	-3	-2	-1	-1	-2	-1	-1

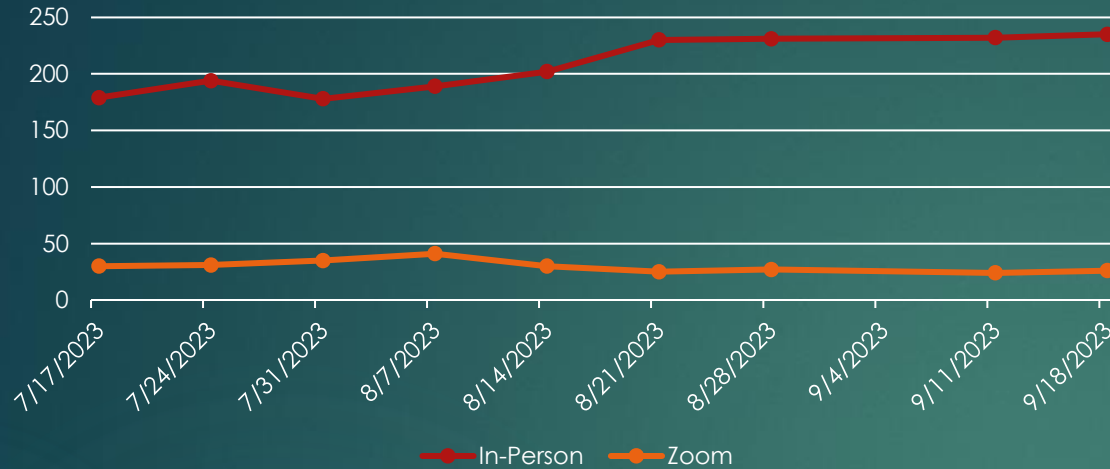
Number of teams participating in City of Laramie Adult Sport Leagues

Sport	2018	2019	2020	2021	2022	2023
Men's Basketball	13	13	13	0 Covid	5	9
Women's Basketball	5	5	5	0 Covid	2	4
Co-ed Softball	18	17	9	12	16	12
Men's Softball	22	21	13	20	20	18
Women's Softball	4	6	0	0	4	3
Co-ed Volleyball (Spring)	24	23	19	6	20	24
Co-ed Volleyball (Fall)	22	18	12	10	15	16
Sand Volleyball (June)	12	10	7	7	4	8
Sand Volleyball (July)				6	6	6



Gem City MTB Series	2020	2021	2022	2023	
Race #1		48	30	35	
Race #2		41	31	34	
Race #3		57	43	48	
Race #4			47	38	
Total series entries			146	151	155
Total Individuals Served			89	91	79
Revenue for Series		\$ 4,780.00	\$ 2,955.00	\$ 2,765.00	

Weekly Fitness Attendance



Most Popular Fitness Classes:

- Early Bird Revolutions
- Foundation Yoga
- Water Aerobics

Personal Trainers

We currently have 6 personal trainers on our staff.

Over the past year (Sept 22-Sept 23) we've had 38 members paying for personal trainer sessions.

Intro to Strength Training Series

- 3 women's only & 1 coed adult series
- 4-week series; 1 hour per week
- 33 individuals were served.